



Session 3 LUNCH MENU

Monday, July 20

Tisha B'av (no meat)
Breakfast for Lunch!
French Toast Sticks
Bagels
Egg Frittata
Hash Browns
Fruit Salad
Ice Pops

Tuesday, July 21

Tisha B'av (no meat)
Grilled Cheese
Tomato Soup
Garden salad
Cookies

Wednesday, July 22

Tisha B'av (no meat)
Quesadillas - Veggie & Cheese
Chips & Salsa
Frozen Treat

Thursday, July 23

Tisha B'av (no meat)
Mac & Cheese
Broccoli
Garden Salad
S'mores Casserole

Friday, July 24

BBQ DAY
Hamburgers
Hot Dogs
Veggie Burgers
Potato Wedges
Grilled Vegetables
Watermelon

Monday, July 27

Chicken Nuggets
Tater Tots
Garden Salad
Italian Ice

Tuesday, July 28

Grilled Cheese
Tomato Soup
Garden Salad
Cookies
DINNER:
Pizza
Garden Salad
Ice Pops & S'mores

Wednesday, July 29

Tacos
Chips & Salsa
Rice
Garden Salad
Frozen Treat

Thursday, July 30

Pasta & Meatballs
Plain Pasta
Green Beans
Garden Salad
Cookies

Friday, July 31

BBQ DAY
Hamburgers
Hot Dogs
Veggie Burgers
Potato Wedges
Grilled Vegetables
Watermelon

Plain Pasta, Sunbutter and Jelly, Hummus and Flatbread,
Fresh Vegetables and Salad Available Daily

We are a peanut and tree nut free campus | Gluten free options available | Allergies and special dietary requests addressed on an individual basis | Our meals and snacks are kosher, under the supervision of an on-site mashgiach and Rabbi Yitzchok Adler.