



Session 4 LUNCH MENU

Monday, August 3

Chicken Nuggets
Tater Tots
Garden Salad
Italian Ice

Tuesday, August 4

Quesadillas - Veggie & Cheese
Chips & Salsa
Garden Salad
Cookies

Wednesday, August 5

Breakfast for Lunch!

Waffles
Bagels
Egg Frittata
Hash Browns
Fruit Salad
Ice Pops

Thursday, August 6

Pizza - Vegetable &
Cheese Options
Garden Salad
S'mores Casserole

Friday, August 7

BBQ DAY

Hamburgers
Hot Dogs
Veggie Burgers
Potato Wedges
Grilled Vegetables
Watermelon

Monday, August 10

Tacos
Chips & Salsa
Rice
Garden Salad
Cookies

Tuesday, August 11

Mac and Cheese
Green Beans
Garden Salad
Ice Cream

DINNER:

Pizza
Garden Salad
Ice Pops & S'mores

Wednesday, August 12

Chicken Patty Sandwich
Tater Tots
Garden Salad
Cookies

Thursday, August 13

Baked Ziti
Garlic Bread
Broccoli
Garden Salad
Frozen Treat

Friday, August 14

LAST DAY OF CAMP!

BBQ Day

Barbecue Chicken
Hamburgers
Hot Dogs
Fries
Veggie Burgers
Grilled Vegetables
Watermelon

Plain Pasta, Sunbutter and Jelly, Hummus and Flatbread,
Fresh Vegetables and Salad Available Daily

We are a peanut and tree nut free campus | Gluten free options available | Allergies and special dietary requests addressed on an individual basis | Our meals and snacks are kosher, under the supervision of an on-site mashgiach and Rabbi Yitzchok Adler.